Dear Parents,

The Foundation Sport Program will continue in Term 4. A big thank-you to the parents who have provided assistance with this program during Terms 2 and 3. A new parent helper’s roster will be created for the final term of the program.

At least 4 parents are required each week to ensure its successful implementation. NO SPECIAL SKILLS ARE NECESSARY! Parent helpers will help by supervising small groups of children as they work through a range of activity stations. The activities are simple and organised by the Phys Ed Coordinator.

The children will participate in the program each fortnight, on a rotational basis (i.e. two groups each week). Although they won’t be involved in the program every week, the children will experience an ‘extended’ session, when they do attend. The program will take place on most Monday afternoons from 2:00pm – 3:30pm, commencing on Monday 18th April and finishing mid Term 4.

If you are interested in supporting us with the program in Term 4, please return the attached slip to your child’s teacher by Monday 29th August. Please be mindful that there is most certainly no expectation for you to help ‘every’ Monday. Whatever assistance you can offer, is of value. Feel free to specify which Monday’s you are or aren’t available. A roster will be issued out prior to the September School Holidays.

PROGRAM DETAILS

The focus of the program is on the development of Fundamental Motor Skills, which are part of a movement continuum that begins before birth and continues throughout life. With continual practice, instruction and modeling young children begin to refine these fundamental motor skills. Children who master fundamental motor skills in the early primary years will be more likely to be active and enjoy a range of recreational and sporting activities throughout their future life.

Fundamental motor skills are movements that have specific observable patterns. They include: Locomotor skills such as running, jumping, hopping, galloping, rolling, leaping and dodging; Manipulative skills such as throwing, catching, kicking, striking and trapping Stability skills such as balance, twisting, turning and bending.

It is also expected that the students will improve with a number of other developmental areas throughout the program, including: directionality, processing skills, communication skills.

Please don’t hesitate to contact the Foundation Teachers or myself if you have any questions.

Scott Clarke
Sports Coordinator

Kaye Wheeler
Siobhan Judge
Nicole Buchanan
Jennifer Rennie
Foundation Teachers
Child’s name __________________________ Grade __________________________

I, ________________________________, am able to assist with the F.S.P. Program from 2:00pm – 3:30pm on Monday afternoons in Term 4.

I can be contacted by phone on ________________________________

Signed __________________________